

## Repair or upcycle - 4

Many broken things like clothing, furnitures, accessoires or electronic devices can be repaired instead of junked.

In some cities so called **Repair-Cafés** provide help and tools for repairing electronic devices. It's possible to bring small devices like radios or huge devices like TVs. In some Repair-Cafés it's also possible to repair furnitures or bicycles.



Clothes which are over- or undersized or unfitting in form or color can be changed by a tailor or by yourself. There are many **on-line-tutorials** for sewing or crafting.

A student made this cool outfit out of a broken basket as her school project on upcycling



It's also possible to create new things from old clothes, textiles or other things. For example you can make bags, pot holders or carpets out of old jeans.



Some ideas and blogs for upcycling can be found on [thefoldline.com](http://thefoldline.com) or [loveyourclothes.org.uk](http://loveyourclothes.org.uk)

## Recycle - 5

In Germany we have a system to sort the waste. Only sorted waste can be recycled. Residual waste is burned!



## Rot - 6

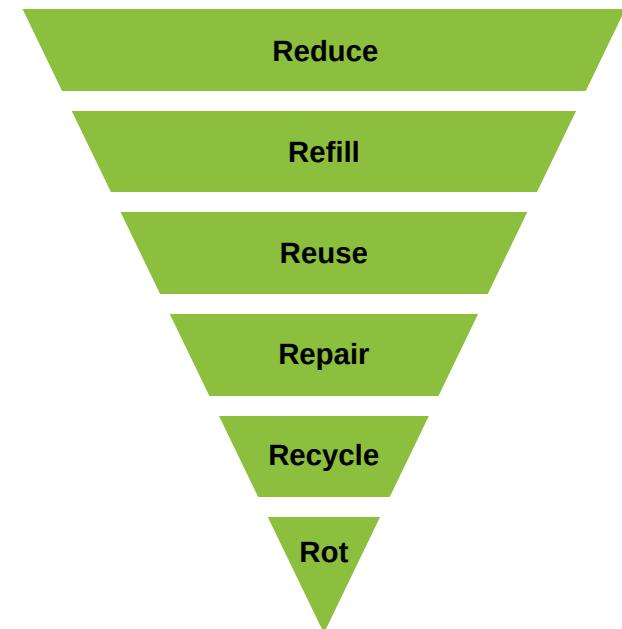
Composting is good, but no garbage would be better.



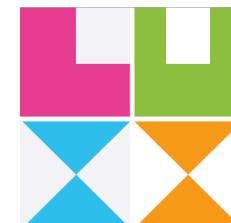
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c/o Dipl. Biol. Sabine Brückmann  
Marktplatz 6, 85625 Glonn  
+49 8093 90530  
info@luxx.earth www.luxx.earth

**Trash is a personal factor**  
**choices and decisions for**  
**reducing/separation of**  
**garbage**



Everything which is not produced/needed saves energy, waste and means active climate protection!



**Erasmus+**

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## Reduce - 1

The first and the most important what everybody can do is ,reduce'. Reduce unnecessary consumption, food leftovers or waste.

*If all the food waste on Earth were a country, it would be the third largest emitter of greenhouse gases - globally - at 4.4 Billion tons (FAO, 2015)*  
For example: about 13,6 kg of climate-damaging gases are produced per 1 kg of beef, including transport and refrigeration. (ifeu, 2020)

### Some tips for everyday:

- Ask yourself before you buy something ,do I really need this?'
- Make a grocery shopping list
- Keep an overview of your fridge and use everything
- Many food stuffs can be eaten much longer than the ,use-by date'



If you have leftover much food, for example after a party or before vacation, you can bring it to or call a **foodsharing** station in your city. They will take the food and distribute it.

The App ,**Too Good To Go**' can be used by stores or restaurants to offer food which is left over to be sold instead of thrown away.

In more and more cities **zero-waste stores** are opened. You can bring your own containers and fill them with dry food like flour, noodles, coffee or beans.



## Replenish/Refill - 2

It's your choice what to choose!

### Returnable bottles

(glas) save around 50% CO2 compared to disposable bottles (plastic) in the German deposit system.



The amount of shops, which provide **reusable containers** for food and drinks is increasing.



One deposit-system is REBOWL and RECUP. When you order e.g. food, you can choose a reusable container, which can be brought back in every participating shop.



... could be saved if every German would drink **tap water** instead of bottled. Bottled water causes 90 to 1,000 times more environmental pollution than tap water. For water from plastic bottles, this eco-balance is even more devastating. Tap water is 586 times more climate-friendly than still mineral water.

<https://atiptap.org/wasserwissen/5-gruende-fuer-leitungswasser/>

## Reuse - 3

Don't buy new things – maybe someone sells or gives away what you need!

There are many **platforms** where you can find or sell clothes, electronic devices, furnitures, accessoires etc.:



Or visit **Second-Hand Shops** or **exchange-parties** in your neighbourhood.



Some cities offer **book-boxes** where everyone can bring or take books for free!

## Rent - use not own

Some items are needed a few times. Instead of buying it you can rent or lend it:

